

## Evening Primrose oil 1000 - 60 caps

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LE3894151

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### Support your feminine well-being

## Description

### Dosage

Take 3 capsules a day with a glass of water during meals.

### Recommendations

It is recommended not to exceed the recommended daily dose. A food supplement is not a substitute for a varied and balanced diet and a healthy lifestyle. A food supplement is not a medicine. Keep out of the reach of children. Inform your doctor and/or pharmacist if you are taking medication at the same time. For pregnant or breastfeeding women, ask your therapist for advice. Keep away from light and moisture.

### The Benefits of Evening Primrose Oil for Health and Daily Well-being

Evening Primrose Oil 1000mg is an exceptional natural source of essential fatty acids, specially formulated to enrich your daily well-being. Thanks to its extraction by cold first pressing, this oil retains all of its beneficial properties, offering an unmatched richness in gamma-linolenic acid (GLA) and linoleic acid. These components contribute to maintaining a normal skin, female well-being, and the maintenance of a normal cholesterol level.

Why is it beneficial for our well-being? Our body cannot synthesize certain essential fatty acids, including GLA and linoleic acid. Classified as "essential", they must be provided through diet, as our body cannot produce them. The external supply of these fatty acids, through supplements like Evening Primrose Oil 1000mg, is therefore interesting for our health.

Our oil stands out for its purity and respectful extraction method, ensuring an optimal concentration in GLA. It retains all its nutritional properties, ensuring maximum effectiveness. The addition of natural vitamin E acts as a powerful antioxidant, helping to protect cells against oxidative stress and maintaining cell health.

### Revelation about Evening Primrose Oil: Purity and Advanced Assimilation

Evening Primrose Oil 1000mg stands out for its purity and its ability to be effectively assimilated by the body, two important aspects for those seeking the benefits of dietary supplements.

- **Unmatched Purity:** Our commitment to purity begins with the extraction of evening primrose oil. By using a cold press method, we preserve the integrity of essential fatty acids, such as gamma-linolenic acid (GLA) and linoleic acid. This technique maintains all the natural benefits of the oil without resorting to chemical processes that could alter its quality. Our evening primrose oil is also stabilized with natural antioxidants, including vitamin E, to ensure optimal preservation and prolonged effectiveness. This stabilization preserves the integrity of the essential fatty acids, ensuring you fully benefit from their properties.
- **Optimal Bioavailability:** Bioavailability refers to your body's ability to absorb and utilize the ingested nutrients. Thanks to our cold extraction process, our evening primrose oil maintains an ideal molecular structure for optimal assimilation by the body. This means that the essential fatty acids in our oil are more readily available for your body, thus maximizing their benefits.
- **Superior Dosage:** Each soft capsule contains 1000mg of evening primrose oil, unlike the more common dosages of 500mg offered by many other laboratories. This higher concentration means you benefit from an optimal amount of essential fatty acids in fewer intakes, making compliance more convenient.

## Composition

### Nutritional information

NUTRITIONAL INFORMATION	1 CAPSULE	AR%*
Oil from the evening primrose	1000mg	-
Vitamin E	13,4mg	2 caps = 223%

\* Recommended daily allowances (Directive 2008/100 / EC amending -> Law 08.01.1992)

### Composition

Evening primrose oil/Oenotherae Biennis, dl-alpha tocopherol - vitamin E; glycerine, gelling agent, water.

**Form:** Capsule

**Free from:** Casein, Gluten, Lactose, Preservatives, Synthetic dyes, Synthetic flavors

**Raw Material:** Vitamin E