

Selenium 50 - 180 capsules

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NESE50

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Selenium is a mineral trace element with a strong anti-oxidative effect. Numerous scientific studies show that selenium protects the cells of our organism oxidative stress. Selenium also contributes to the normal functioning of the immune system.

Description

- Protects against oxidative stress
- For the normal functioning of the immune system
- Contributes to the normal spermatogenesis.

Selenium is a trace element of which we need very few (which is why it is called a trace element), but the content of trace elements such as selenium in our diet has fallen sharply in recent decades by the industrialization of agriculture on the one hand and changing our eating habits on the other. A daily intake of selenium supplements can, therefore,, be beneficial.

As a powerful antioxidant, selenium is essential for the formation of glutathione peroxidase, an important anti-oxidative enzyme that protects the body against the oxidative damage caused by the free radicals superoxide and hydrogen peroxide.

In addition, selenium contributes to a normal spermatogenesis, which is, of course, important for the fertility of men.

Selenium is also important to help maintain normal, healthy hair and nails.

It also helps maintain the normal functioning of the thyroid and our immune system.

Indications

- To protect our cells against oxidative stress
- For normal spermatogenesis
- Contributes to maintaining healthy hair and nails
- For a healthy functioning of the thyroid
- A healthy immune system needs sufficient selenium

Instructions

1 to 3 capsules with a glass of water, preferably on an empty stomach. The recommended daily intake should not be exceeded. Store out of reach of young children.

A food supplement should not be a substitute for a varied and balanced diet and a healthy lifestyle.

Composition

COMPOSITION

www.nutri4all.com | info@nutri4all.com | +32 15 24 30 10 (BE) | +31 467 078 104 (NL)

Selenium 50 - 180 capsules

| Scientific name | English name | Galenic form | Amount | Function |
|----------------------|--------------------|--------------|--------|------------------|
| Selenométhionine | Selenomethionine | Powder | 10 mg | |
| Magnesii stearas | Magnesium stearate | Powder | 3 mg | Anticaking agent |
| Magnesii silicas | Magnesium silicate | Powder | 3 mg | Anticaking agent |
| Silicium colloidalum | Silice colloidaal | Powder | 1,5 mg | Anticaking agent |
| Gelules | Capsules | | | |
| Gelatine | Gelatine | | 75 mg | |

| NUTRITIONAL ANALYSIS per capsule | |
|----------------------------------|-----------|
| Energy in kcal | 0,08 Kcal |
| Energy in kJ | 0,35 KJ |
| Carbohydrates | 0 g |
| Proteins | 0,0009 g |
| Lipids | 0 g |

| | |
|----------------------|-------------------------------|
| Categorie: | Selenium |
| Form: | Capsule |
| Free from: | No info |
| Raw Material: | Magnesium, Selenium, Silicium |