

Methylation Essentials - 60 tab

CCS211760

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Contributes to, e.g., extra energy in case of fatigue, (homo) cysteine synthesis, immune system, mental performance and hormone regulation.



Description

CellCare Methylation Essentials contains vitamins B2, B6, B12 and folic acid in high doses and in their natural forms, which are optimally absorbed by the body.

Many (cheaper) nutritional supplements use synthetic, non-endogenous forms of B vitamins. In part of the population, these forms of B vitamins are not optimally converted in the body. The advantage of a supplement with the biologically active forms of B vitamins is that they are better absorbed and no longer need to be converted in the body, so that they are immediately available to the body. Methylation takes place in all cells; methylation is an essential process that must go well.

Vitamin B2 protects cells from oxidative damage and is good for vision and skin condition.

Vitamins B2, B6 and B12 support the nervous system, energy levels and, together with folate, can help with fatigue. The vitamins B6, B12 and folate have a positive effect on the immune system and support mental functions, such as concentration, memory and state of mind.

Folate contributes to resistance to stress.

Suggested usage

- Take 1 tablet daily with a meal with water or juice, unless recommended otherwise by a healthcare practitioner.
- Do not exceed the recommended dose. This nutritional supplement is not suitable for children under 17.
- Store dry and at room temperature.
- Keep out of reach of young children.
- A varied and balanced diet and a healthy lifestyle are important.
- Food supplements are not a substitute for a varied diet.
- Suitable for vegetarians and vegans.

Composition

Samenstelling per tablet

Vitamine B2 (riboflavine-5-fosfaat)

Vitamine B6 (pyridoxal-5-fosfaat)

Vitamine B12 (adenosylcobalamine, methylcobalamine)

Foliumzuur (L-5-methyltetrahydrofolaat (Quatrefolic®))

Categorie:	Cognitive / Neuro, Energy, Immunity
Form:	Tablet
Free from:	Celery, Egg, Fish, Gluten, Lactose, Mollusc, Mustard, Nuts, Sesame, Shellfish, Soya, Starch, Sugar, Sulphite
Raw Material:	Folic acid, Vitamin B2, Vitamin B6, Vitamin B12