

## OMEGA 3+7 BALANCE - 40 CAPSULES

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All the benefits of healthy Omega-3, fortified with Omega-7 Pure fish oil (EPA and DHA) + sea buckthorn extract



## Description

Omega3+7 Balance is an ideal fatty acid combination, consisting of concentrated pure fish oil, reinforced with sea buckthorn extract. This food supplement contains EPA and DHA, the two principal omega-3 fatty acids in an ideal 3.5 / 1.5 ratio, combined with palmitoleic acid, the rare omega-7 fatty acid derived from sea buckthorn oil (Hippophae rhamnoides).

A sufficient presence of EPA and DHA in the body is essential for a good cardio-vascular protection and the optimal functioning of our brain and eyes.

After all, scientific research has shown that the daily intake of 250 mg of EPA and DHA contribute to the normal functioning of the heart, help maintain a normal functioning of the brains and normal vision.

Sea buckthorn oil contains high levels of omega-7 and beta-carotene (provitamin A) that helps maintain normal mucosa. Beta-carotene (as provitamin A) also contributes to the maintenance of normal skin, supports the maintenance of normal vision and the normal functioning of the immune system.

Sea buckthorn oil is also particularly rich in tocopherols and tocotrienols (natural vitamin E) which act as strong antioxidants and help protect the cells against oxidative stress.

Natural energy guarantees the purity of this product: the omega-7 fatty acids in this supplement are derived from the seeds and the pulp of sea buckthorn, a fruit that is exceptionally rich in this rare fatty acid. The omega-3 fatty acids EPA and DHA are derived from pure fish oil from small fatty fish and have been tested for the absence of PCBs. One capsule of Omega 3+7 Balance contains 900 mg of pure fish oil with 350 mg EPA and 150 mg DHA, enriched with 300 mg of sea buckthorn oil (Hippophae rhamnoides).

## Range of indications

- For optimal functioning of the heart
- For maintenance and optimal functioning of the brain
- For normal vision

## INSTRUCTIONS

Take 2 capsules per day with a little water during meals. Do not exceed the recommended daily intake. Store the product out of reach of young children.

Food supplements should not replace a varied and balanced diet and a healthy lifestyle.

## Composition

Composition
Active ingredients

Ingredient	Per capsule	Per 100 g
Sea buckthorn oil	300 mg	18,182 g
Fish oil TG 45/10 (45% EPA/10% DHA)	750 mg	45,454 g
Fish oil TG 10/50 (10% EPA/50% DHA)	150 mg	9,091 g

Non-active ingredients		
Ingredient	Per capsule	Per 100 g
Gelatine	304,65 mg	18,464 g
Glycerol	100,35 mg	6,082 g
Water	45,00 mg	2,727 g

**Categorie:** Omega / Fatty Acids  
**Form:** Capsule  
**Free from:** No info  
**Raw Material:** Omega 3, Omega 7, Sea-buckthorn oil